



Little and large The inaugural Dog Lover Show at the SEC in Glasgow attracted about 10,000 people for a day of shopping, grooming and talks from trainers and vets

Quintagram® No 164

Solve all five clues using each letter underneath once only

1 Hunter's lure (4)

— — — —

2 Chivalric tournament (5)

— — — — —

3 Proceeding without difficulty (6)

— — — — — —

4 Bedtime garment (7)

— — — — — — —

5 Mountain in the Pennine Alps (10)

— — — — — — — — — —

A	A	B	E	E	G	H	H
H	I	I	I	J	M	M	N
N	O	O	O	O	R	R	S
S	T	T	T	T	T	T	U

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Trump course's tax bill

Donald Trump's Turnberry golf resort in Ayrshire has been hit by a 30 per cent increase in business rates after the Scottish government withdrew tax relief. The property tax bill rose to over £834,000. Murdo Fraser, the Scottish Tory shadow finance secretary, told the *Herald on Sunday*: "The SNP government should not be basing policy on whether or not they like the business owner." Businesses throughout Scotland face large increases following a revaluation.

'Mortar' found in canal

A bomb disposal team was called out after an item suspected to be an unexploded mortar was found in a canal. Police cordoned off part of the path on the Forth and Clyde Canal in Bishopbriggs, East Dunbartonshire near the Leisuredrome leisure centre yesterday morning and the issue was dealt with by the explosive ordnance disposal team.

Fight after road crash

Three people were arrested after a violence broke out following a road crash. Several people were assaulted after number of vehicles were involved in a collision on the A98 in Cullen, Moray, on Saturday. A police spokesman said a small number of people were hurt but their injuries were not life threatening. Investigations are continuing.

Tattoo to donate £1m

The Royal Edinburgh Military Tattoo is to donate £1 million to charity for the third consecutive year. The money will be spread across 13 organisations that support the military and the arts. The Tattoo has donated more than £11 million to charity since the event began in 1950. More than 1,200 performers took part in the show at Edinburgh Castle.

Air passenger dies

A passenger who was taken ill on a Jet2 flight from Manchester to Ibiza has died in a French hospital. Saturday night's flight was diverted to Toulouse after crew had tried to revive the man with a defibrillator. A passenger told *The Sun* that the man had feared "that staff knew he was taking drugs and he swallowed it all for fear of getting caught".

Criminals who prey on elderly could be given longer sentences

John Jeffay

Criminals who deliberately target elderly victims could be punished for "age-aggravated" offences carrying tougher sentences.

Humza Yousaf, Scotland's justice minister, said that protecting older people from crime was one of his priorities after a rise in the number of his constituents who had contacted him for help.

Mr Yousaf, who took over the justice brief in June, said he was determined to offer older people every possible protection after a new offence was recommended in a hate crime review published by Lord Bracadale, QC, a retired Scottish judge.

Mr Yousaf said: "Unfortunately, as a constituency MSP, you hear more and more cases of people being scammed, exploited and defrauded because of their age.

"Obviously, I am a victim, numerous times over, of hate crime and I am trying to bring my own experience to this

role. As well as distraction theft by unknown callers, this kind of exploitation of potentially vulnerable older people can also involve so-called friends, carers or even a family member abusing their position of trust."

He said that he had looked at Lord Bracadale's advice about age being an aggravating factor for crimes and if Scotland decided to adopt the recommendation it would be one of the first jurisdictions in the world to do so.

According to government figures, about one in 200 pensioners were victims of a crime in the past year. Data from Police Scotland showed that between April and September last year 336 people were defrauded of about £420,000 by doorstep crooks, 265 of them, or 80 per cent, pensioners.

Citizens Advice Scotland collected data on telephone and email scams showing that about 41 per cent of the older people they spoke to had been targeted in the previous year. In a survey of 2,010 Scottish pensioners, 824 said they were contacted by scammers of-

fering computer repairs, tax refunds and personal injury claims.

Age Scotland and Action On Elder Abuse welcomed Mr Yousaf's commitment to tackling the issue, but argued that making age an aggravating factor may not go far enough. Lesley Carcary, of Action on Elder Abuse Scotland, said that she would favour an aggravating



Humza Yousaf says he will draw on his own experiences of hate crime

factor based on vulnerability to better protect people from fraudsters.

"We're pleased the Scottish government are considering that age-related hostility should become a hate crime, but this only addresses a minority of crimes against older people," she said.

"After all, it's hard to believe there are many people who are harming older

people because of a hatred towards [them]. By bringing in a statutory aggravation based on vulnerability, Scotland has a real chance to lead the way in tougher prosecutions for those who harm or abuse not only vulnerable older people, but other vulnerable adults."

Brian Sloan, Age Scotland's chief executive, said: "Older people often feel police and prosecutors do not take their reports of crime as seriously as they expect and there is a lack of follow up. By enhancing crimes as a result of age, such as scams, older people will feel better empowered, prosecutors will have more tools at their disposal and will act as a deterrent as criminals will know they will be dealt with more severely."

Along with a focus on elderly victims of crime, Mr Yousaf acknowledged more needed to be done to accommodate offenders outside of prison. He admitted that the community justice network did not have enough resources to deal with all the offenders which the government hopes will not be put behind bars for less than a year.

Sleep-deprived pupils get lessons on bedtime routines

Julia Horton

Schools across Scotland are to start teaching pupils and parents the value of getting enough sleep as concerns grow about the use of electronic gadgets.

Teachers in Dumfries and Galloway and Midlothian are among those participating in a programme devised by the charity Sleep Scotland.

A primary school in Stirling that took

part in a pilot earlier this year reported a dramatic improvement in pupils' behaviour, performance and attendance at school.

Parents, whose bad habits can be picked up by children, are also being taught better sleep routines.

Key to improving sleep is having an hour of tech-free relaxation before going to bed, Sleep Scotland said. It added that getting enough rest had

considerable benefits for attainment and attitude.

Sally Atkinson, depute head at East Plean Primary in Stirling, which participated in the pilot, said: "What we have been seeing at school is pupils' resilience levels and their ability to cope with everyday things or concentrate is very low, and that's purely down to not having a good night's sleep.

"They are quite distracted or frus-

trated and angry and they can't focus on their learning, which obviously in the long term has an impact on attainment. The difference after the sleep lessons was significant."

Staff found that there was a huge fall in absenteeism, including one girl whose attendance rose from 53 per cent to 94 per cent after examining her and her father's bedtime and sleep routines and limiting their use of gadgets.